

## Supplies:

### Jo Sonja's Paint & Mediums:

Clear Collection Background Colors  
Blackberry  
Carbon Black  
New Iridescent Colors  
All Purpose Sealer  
Gloss Varnish  
Jo Sonja's Sure Touch 2010 #2  
Dry brush Oval Brush  
2 pieces of mat board 3.25 inches  
18 inches black satin ribbon, 1/4" or 1/8"  
7" of 1.5" or 2.5" ribbon of your choice  
White transfer paper  
Paper towels, waxed palette, scissors, pencil

### Directions:

1. Paint both sides of the mat board with **Carbon Black + All Purpose Sealer** 2:1, dry.
2. Lay the mat board in the middle section of the ribbon, leaving at least 1/2" in the center.  
Apply **All Purpose Sealer (APS)** liberally to the mat board edge that will touch the ribbon and lay them back on the ribbon so that they are sealed down.
3. Apply more **APS** to the top edges of the ribbon, then the center, and press together to seal. This will be the inside of the book. Fold the long thin ribbon in half, open up the ribbon binding and lay it in the center, seal the binding ribbon back down, applying more **APS** if necessary.

Lay out the thin ribbon along the board and dab **APS** under it and over it to seal it down. Dry.

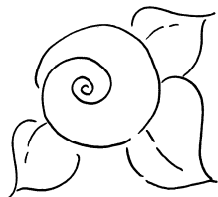
4. The painting can be done before or after the above steps; do not clean brush between the following steps:

Pick up a little **Blackberry** on the brush, then **Poppy**. Blend on the palette. You will now have a dark red. Brush the color on the rose, following the swirl of the shape. Gradually pick up more **Poppy** on the brush to brighten but not completely cover the dark red. Now add lighter color to the brush. This could be the **Tiger Lily, Sunflower, and/or the Island Sand** to highlight in the middle area and the inner curl.

5. Clean the brush with water and blot thoroughly. Pick up **Blackberry** and **Shamrock** for a dark green, blend on the palette, then dry brush the leaves. You can add **Harbour Blue** to the green if you like. Now pick up lighter colors to highlight. These could be more **Shamrock, Tree Frog Green, Blue Lagoon, and/or Island Sand**.

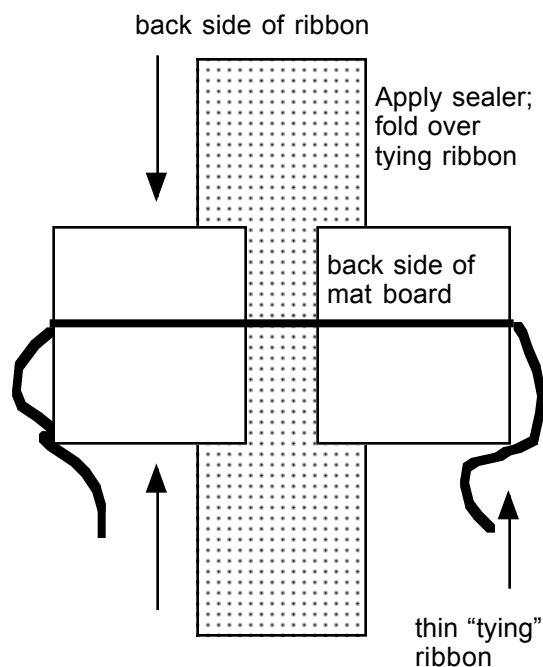
6. Clean brush, dry thoroughly. Brush **Red Iridescent** on the rose, and **Green Iridescent** on the leaves. You can also add **Turquoise Iridescent** to the leaves and touches to the dark areas of the rose.

7. When dry, apply two coats of **Gloss Polyurethane Varnish**.



enlarge pattern as needed

## Post-It Note Holder ©2004 Cynthia Bowman, Vicki Rhodes CDA, Vicki Allwardt, CDA



Note: use "sticky tack" balls on each corner of the bottom of the post it note pad to keep it in place, the adhesive is not strong enough.